

Mustard.

*The Nature of*

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*The duration.*

It will keep good a yeer, or two.

*The inward use.*

A decoction of the seed made in wine, and drunk, provoketh urine, resisteth the force of poysons, the malignity of Mushromes, and the venome of the Scorpion, or other venomous creatures, abateth the fits of Agues, and doth mightily prevail to stir up bodily lust: it helpeth the spleen and paines in the sides; and gnawings in the bowels, shortnesse of breath, and provoketh the terms. Mustard made with strong Vineger, is good to bring down Womens courses, and for fits of the Mother, for the Falling Sicknesse, Lethargie, or Drowlnesse of the brain; for by the sharpnesse thereof it pierceth to the Brain, and purgeth it by sneezing and drawing down rheume and other tough humours which by their residence do much offend, or by their distillation upon the Lungs and Chest procure coughing. It doth much help concoction in a cold stomach, and drieth up the superfluous moisture thereof, and is good for the Palsie.

*The manner of administering it.*

It is given in decoction, in powder, in Electuary, &c.

*The outward use.*

It helpeth the *uvula* or palate of the mouth, when it is sala down, and fasteneth it, being used as a Gargle; and also dissolveth tumours and Kernels about the throat being applyed, and helpeth the tooth-ach being chewed in the mouth. It easeth the *Sciatica* and other Gowts, pains in the side or loines, the shoulders or other parts of the body, upon the applying thereof to raise blisters, and by drawing the pains to the place from the inward or more remote, cureth the dis-ease, or diverteth it to those outward places where local Medicines may help. It helpeth the falling of the haire, and mixed with Honey and applyed, it taketh away the black and blue marks that come of bruifings, the roughnesse of the skin in any place, as also the Leprosie, Lowlie Evill, and Crick in the neck. Applyed with Figs to the head (first shaven) it avails against the Lethargie, and Falling Sicknesse. The powder of the seeds put into the nostrils, causeth sneezing, and raiseth women sick of the Mother out of their fits.

*A Cataplasme against Rheume.*

Take Mustard-seed and *Olibanum*, of each half an ounce, *Nigella*-seed dried one ounce, Mastich two drams, of Pigeons dung and Barley-meal of each an ounce, with *Oxymel* of *Squills*, make it in form of a Pultis, & apply it to the coronall suture, or forepart of the head.

*The*

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*simple Medicines.*

Parmasitty.

*The hurtfull quality.*

It is offensive to cholericke and dry bodies.

*The Dose.*

The seed is given from half a dram to a dram.

*Medicines made thereof.*

The distilled Water. Oile of the seed, good in cold diseases of the Nerves.

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*De Sperma Ceti, of Parmasitty.*

*The Names and temperament.*

IT is called in *Latine* *Sperma Ceti*, *Spirita Maris*, & *Flos Maris*; also *Ambra subalbida*, in *English* *Parmasitty*, It is cold and moist.

*The best kinde.*

The best is that which is white and fatty, not yellow and rancid or stinking.

*The duration.*

It will keep good a yeer or two, but it loseth much in keeping.

*The inward use.*

It is chiefly used against falls and bruises, and to dissolve clotted blood in the body, and for women that are newly delivered: it is also used in the Collick, and in pains and torments of the belly both of children and others. It easeth the Cough, and provoketh sweat.

*The manner of administering it.*

It is chiefly given by it self, in Sack or Beer.

*The outward use.*

It taketh away the marks of the small Pox, cleers the skin from spots and morpew, helpeth bruises being applyed warm, and cleereth the sight. It is also used in spreading and eating Ulcers.

*The hurtfull quality.*

It offendeth weak stomachs, and causeth an inclination to vomit, if it be often taken.

*The Dose.*

It is given from half a dram, to a dram and a half.

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